



CERTIFICATE OF PARTICIPATION

This is to certify that

Frank Bothma

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:26:57

PACE 07:46/km

GENDER 344 of 563

OVERALL 498 of 834

60+ 14 of 25

08 July 2023, Sat

Date



BoutTime

Signature

